Thank you to the Immunology department at Barts Health NHS Trust and HAEUK for their collaboration in development of this resource.
Name

Date of birth

Contact details of Immunology Centre

Other medical events to note (E.g. dental procedures, hospitalisation, surgery, pregnancy)

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It is important that you keep a record of all your angioedema attacks/symptoms and bring the diary to your next clinic appointment.
My HAE diary

Attack or symptom episode number

Date symptoms first noticed

00 / 00 / 00

Time symptoms first noticed

00 : 00 am / pm

Body area affected (Please tick)

- Neck
- Head
- Hands
- Skin
- Abdomen
- Genitalia
- Limbs
- Feet

Specify other areas by marking on body or label below

Severity (Please tick)

- Very mild
- Mild
- Moderate
- Severe
- Very severe

Triggers (if known please tick)

- Stress
- Trauma
- Infection
- Hormonal

Specify others

Symptoms (if known please tick)

- Non-itchy rash
- Depression
- Tiredness
- Bad temper

Specify others

Treatment if used (Please tick)

- Icatibant
- Berinert
- Cinryze
- Ruconest
- Not treated

Specify others

Dose

Date given

00 / 00 / 00

Time given

00 : 00 am / pm

Treatment administered by

Where administered (Please tick)

- Hospital
- Work
- Home
- Other

Time when you started to feel better

00 : 00 am / pm

Date (end of attack or symptom episode)

00 / 00 / 00