My HAE diary









Name		
Date of birth		
00 / 00 / 00		
Contact details of Immunology Centre		
Other medical events to note (E.g. dental procedures, hospitalisation, surgery, pregnancy)		
Date	Reason/ description	

My HAE diary

Attack or symptom episode number	Triggers (if known please tick)	Dose
	Stress	
Date symptoms first noticed	Infection	Date given
00 / 00 / 00	Hormonal	00 / 00 / 00
Time symptoms first noticed	Specify others	Time given
00:00 am/pm		00:00 am/pm
Body area affected (Please tick)	Symptoms (if known please tick)	Treatment administered by
Neck Head	Non-itchy rash	
Hands	n Depression	
Skin Abdomen	Tiredness	
Genitalia	Bad temper	
Limbs	Specify others	Where administered (Please tick)
Specify other areas by marking on body or label below		+ Hospital
on body of label below		₩ Work
		h Home
Severity (Please tick)	Treatment if used (Please tick)	Other
Very mild	Dose/number of vials	Time when you started to feel better
• Mild	Berinert	00:00 am/pm
•• Moderate	Cinryze	
Severe	Not treated	Date (end of attack or symptom episode)
Very severe	Specify others	00 / 00 / 00