

YOUR MENTAL HEALTH WITH HAE!

Dear Members of HAE UK,

HAE UK in conjunction with Teesside University has invited you to take part in a unique and first of its kind study into HAE. Are you **over 18**? With a **diagnosis of HAE**? People with types of HAE are welcome to take part in the study. The study will be conducted from February 2017 – May 2017.

The study aims to gather:

- Your experience of attacks in relation to mental health
- How HAE affects isolation, loneliness and self confidence

There has been no previous study completed on the mental health of the condition in which you would be the first to share your experience. You will be asked to complete 2 mental health scales, a demographic questionnaire and an account of any other information you feel is relevant for your HAE. This should approximately take 20 minutes to complete, you will be given two weeks to complete and return the question to the researcher. However, you may be invited for a further interview.

If you wish to take part in this study please contact me on n3060059@live.tees.ac.uk for further details. This study has been approved by SSSBL ethics committee, Teesside University. The study is also being supervised by Anna Van Wersch and you may contact her A.Van-Wersch@tees.ac.uk

Thank you for taking the time to read this and I hope you are able to help the development and furthering of the knowledge of HAE.

Sincerely,

Pippa Adams
Teesside University

